

ShaRK 400m 2026: Session: 2: Startlist per athlete for TEAM: ZVL

Coachinfo: Warming up from: 17:05 untill 18:10. Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Daniëls Liesbeth

Coaches: Vanuytven Diane

PB => Personal Best time

Athlete: BOURGUIGNON NENA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 13+	6	3	6	06:29.62	no time	18:30

Athlete: GILLIS BAS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 13+	7	3	2	06:57.74	no time	19:30

Athlete: GILLIS MATTHIJS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 13+	7	2	2	no time	no time	19:25

Athlete: HERREMANS ELIEN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 13+	6	3	2	06:16.45	no time	18:30